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NUTLEY FC NEWSLETTER FEB '23



NEW ADULTS AWAY KIT

Massive thank you to Fleur and Alan of API for their very generous donation of a new away kit for our adults. It's a very smart looking kit.



QUIZ NIGHT

We're hosting our annual quiz night at Nutley War Memorial Hall on Saturday 25th March from 19:00 to 22:30. The price is £80 for a table of eight. Quiz master Tony Britton will be in the house again. There are only four tables left so get in quick and book a table before they all go!

Also, if anyone has any time to spare to help with cooking a chilli or a cake that would be amazing - please could you fill in the details on [this form](#).

PITCH UPDATE

The pitches are looking fabulous. They are in the best condition we've seen them in for many years. This is mostly due to the hard work of Hamish Norris and the funds we've secured from the Football Foundation, Maresfield Parish Council and Gatwick Airport Community Trust. We're in the second year of the six year improvement project. These efforts have been recognised in the latest Pitch Power report from the Football Foundation which rated all our pitches as "good" (we started with a rating of "basic").

This season Hamish has been regularly cutting the grass and using the turf grooming Quadraplay attachment. This, together with the reseedling and fertiliser applied last season, seems to have made a big improvement to the grass coverage, health of the grass and the drainage. We've only postponed three games so far this season - one because it was raining extremely hard (playing during hard rain cuts up the surface), one because of standing water (immediately after very heavy rain) and one because the ground was frozen.

We've just had the green vertidraind again. We will be fertilising and reseedling again in the Spring.

We want to be able to continue to maintain the pitches to a high standard after the Football Foundation grant has expired. We will find it difficult to afford vertidrainning from a contractor. So our plan is to buy a slitter like the one shown below. This should allow us to keep the pitches free draining. Once we've modified the storage at the pavilion to allow us to store a slitter securely, we will apply to the Football Foundation for funding (we will of course have to contribute a significant amount). We hope to do this by the end of this season.



We are holding our tournament on Saturday 29th and Sunday 30th July at Fords Green this year. Our plan is to run the following groups:

- Saturday 29th July - U8 mixed & U13 mixed
- Sunday 30th July - U10 mixed, U9 girls & U10 girls

Spreading the tournament over two days will allow us to finish each day around lunchtime / early afternoon and so avoid any very hot afternoon temperatures. It will also avoid any difficulties with parking that occur when changing over between morning and afternoon sessions.

VEO PURCHASE

Our coaches have been very eager to purchase a VEO camera. This is a camera designed specifically to record ball games. It will automatically track the ball, record the entire game and allow the game to be rewatched. This will have massive benefits for coaching and safeguarding (should we be misfortunate enough to experience any misbehaviour during a game).

We're very excited to announce that because of the generous donations of many people we are now in a position to buy this camera. Those lovely people are Robin Scott of [MakeReal](#), Mark Hillen of Sureflow Solutions, Nigel Arnold of [Nutley Motor Services](#), Ben Gretzer and Noel Brightmiles. Thank you very much to them.

make [REAL]

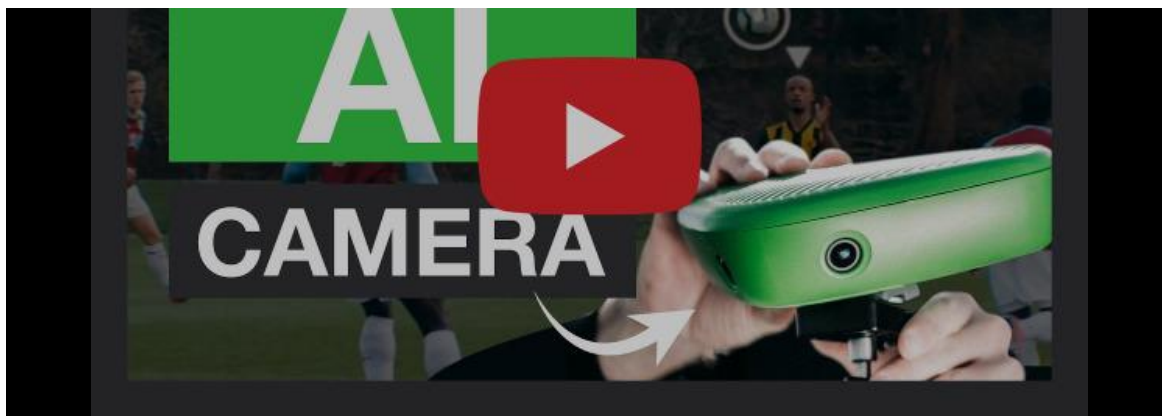


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WE ONLY DO POSITIVE

Our juniors all play in the Crowborough District Junior Football League. It was reported at the League's recent meeting that there have been more and more incidents of abuse of referees. We are very lucky at Nutley that we have such well behaved players, coaches and supporters. However, it's good for us to remind ourselves regularly that football is a game, coaches are volunteers, referees are human, mistakes will happen and that we're all involved to have fun. We support the FA's Respect campaign and we will come down hard on any poor behaviour.

#Weonlydopositive

VOLUNTEER SPOTLIGHT - SEAN FULLER

Sean Fuller stepped down from the Nutley FC committee at the last AGM. He has been involved with the club for years and years, first as a player, then a manager, and then a committee member. He's been the club Secretary and Chair. He has volunteered lots of time with a huge smile on his face. He's an all round top person. He's still helping out with the groundskeeping. He's helped a huge number of people to play football in Nutley which is a fantastic achievement. So thank you very much Sean - you're a legend!



GET INVOLVED

Youth Secretary - work with junior members to ensure their voices are heard. Perhaps you could set up a youth group with regular meetings and suggestions box, and to bring these ideas to the committee. These meetings could be a couple of times per season for each junior team.

Community Secretary - responsible for organising social events to bring all club members together to enhance relationships within the club and with the local community (perhaps parties, quiz night, end-of-season do).

Fundraising Secretary - obtaining additional funds, such as grants or sponsorship.

Environmental leader - suggest ways of identifying, reducing & offsetting resource usage.

We are a friendly and supportive bunch of volunteers. Please do think about joining us. You will be rewarded by a sincere thanks from the club, a warm glow for yourself and some good karma coming back your way! If you are interested then please contact our wonderful secretary Ben Scott on secretary@nutleyfc.co.uk or 07886 270219.

FA COURSES

The FA has lots of online training courses that you might be interested in. If you fancy doing some of the courses that have a fee and want to be involved with Nutley FC then please come and talk to us and we might be able to help you out with the fee.

EE Playmaker

- Online entry-level football course perfect for anyone interested in taking a more active role in grassroots football.
- Pre-requisite for Introduction to Coach Football course.
- Min age: 14
- Price: free
- Duration: 4-5 hrs

Sudden Cardiac Arrest

- This free, online module is designed to help you to recognise an SCA and respond appropriately.
- Min age: don't think there is one
- Price: free
- Duration: 30-60 mins

Concussion Guidelines

- Learn how to recognise and manage a concussion from the time of injury to a player's safe return to football.
- Min age: don't think there is one
- Price: free

- Duration: 20 mins

Safeguarding For All

- A basic overview of safeguarding, looking specifically at best practice, poor practice, and abuse topics.
- Min age: 14
- Price: free
- Duration: 45 mins

Safeguarding Awareness for Parents & Carers

- Helping parents make an informed choice about the football setting they enrol their children in.
- Min age: 16
- Price: free
- Duration: 25-30 mins

Laws of the Game

- Prerequisite for becoming a ref but very interesting for all.
- Min age: 14
- Duration: 90 mins

Introduction to Coaching Football

- Online football coaching course is perfect for anyone looking to take a more active role in the game.
- Min age: 16
- Price: £160
- Duration: 4 wks

Safeguarding Children Course

- This course provides an awareness of best practice in safeguarding children in football.
- Required course to coach children.
- Min age: 16
- Price: £30
- Duration: 2 hours

Introduction to First Aid in Football

- Develop your knowledge and understanding of medical care for players of all ages.
- Required course to coach children.
- Min age: 16
- Price: £30
- Duration: 2 hrs



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